



Osteopathy Packages

Osteopathic care can play an important role in improving, maintaining and supporting the bodies' natural healing mechanism and help the body maintain optimum health by treating the often-complex effects that daily stressors have on our body.

Most acute conditions can be treated in 3-6 treatments. However, the daily stresses and strains that are put on our body eventually cause a repeated pattern of musculoskeletal overuse, underuse and compensation. Therefore, people often return complaining of the same problem.

Why not take advantage of regular maintenance or bulk-buy a block of treatments and save money compared to the total cost paying for treatments individually.

Osteopathic maintenance **£300** (saving £50)

10 x Osteopathic treatments a year
(1 per month with 2 breaks)

Osteo 6 **£190** (saving £20)

6 x treatments

Osteo 10

10 x treatments **£315** (saving £35)

